



****UPDATING****

OFFICIAL RULES AND INFORMATION

ASD Esclamative Polisportiva in collaboration with Regione Autonoma Friuli Venezia Giulia, Comune di Cividale del Friuli, organizes the 1st edition of the Mytho Marathon, road race of international level of km 42,195. The race is certified with the approval of the Italian Athletics Federation (FIDAL).

DATE OF THE EVENT

The race will take place Sunday, October 31st 2021, h 09:45- Italian time - approximately, in Cividale del Friuli and will take place in all weather conditions. Meeting in the starting area at 8:15 am.

PARTECIPATION RULES

Pursuant to art. 34 of the Rules for the Organization of Events issued by FIDAL, the race is open to all athletes, from 20 years of age, who belong to one of the following categories:

- 1. Italian and non-Italian athletes registered with a club affiliated with FIDAL** and belonging to the categories "Promesse" (20-22 years old), "Seniores" (23-34 years old) and "Master" (SM/SF35, SM/SF40, SM/SF45, SM/SF50, SM/SF55, SM/SF60, SM/SF65, SM/SF70, SM/SF75, SM/SF80, SM/SF85, SM/SF90, SM/SF95).
- 2. Athletes registered with an Athletics Federation (other than FIDAL) affiliated to World Athletics** by submitting, in case they are not enrolled by their Federation or Club or Assistant, a special form for selfdeclaring their membership. (Please download this form: fill in and sign it: [http://www.fidal.it/upload/files/Organizzazione/2017/Autodichiarazione Tesseramento inglese.docx](http://www.fidal.it/upload/files/Organizzazione/2017/Autodichiarazione_Tesseramento_inglese.docx)) Non-EU athletes must submit a residence permit or a visa. Athletes of foreign Federations that require the authorization to race abroad (Rule 4 of the International Technical Regulations) must submit the authorization itself.
- 3. Italian and non-Italian athletes registered with a club affiliated with a Sports Promotion Authority (EPS) that has signed an agreement with FIDAL, only if in possession of a RUNCARD-EPS.** Italian and non-Italian athletes living in Italy, who are 20 years old or older and are members of a Sports Club affiliated with a Sports Promotion Authority that has signed an agreement with FIDAL, may participate if they hold a valid (not expired) RUNCARD-EPS issued directly by FIDAL.

Warning: holding RUNCARD it is not sufficient. Participation is also subject to possession of a valid medical certificate (i.e. a valid medical certificate of eligibility for the practice of competitive "Athletics" (no other wording)). The medical certificate will be checked through the DataHealth service; therefore it is necessary that the medical certificate required under this regulation has been taken uploaded and validated, through the DataHealth service (www.datahealth.it), at least 10 day before the race.

These athletes will be regularly included in the rankings, but not entitled to receive prizes, bonuses and refunds.



4. Italians (whether resident in Italy or not) and non-Italian citizens living in Italy holding a RUNCARD. Italians (whether resident in Italy or not) and non-Italian citizens living in Italy, who are 20 year older but are not a member of a Sports Club affiliated either with FIDAL or with World Athletics, may participate if they hold a valid (not expired) RUNCARD issued directly by FIDAL.

Warning: holding RUNCARD it is not sufficient. Participation is also subject to possession of a valid medical certificate (i.e. a valid medical certificate of eligibility for the practice of competitive "Athletics" (no other wording)). The medical certificate will be checked through the DataHealth service; therefore it is necessary that the medical certificate required under this regulation has been taken uploaded and validated, through the DataHealth service (www.datahealth.it), at least 10 day before the race.

These athletes will be regularly included in the rankings, but not entitled to receive prizes, bonuses and refunds.

5. Non-Italian citizens living outside Italy holding a RUNCARD.

Non-Italian citizens living outside Italy, who are 20 years of age or older and are not members of a Sports Club affiliated with FIDAL or World Athletics, may participate if they hold valid (not expired) RUNCARD directly issued by FIDAL.

Warning: holding RUNCARD it is not sufficient. Participation is also subject to possession of a valid medical certificate (see below for the certificate requirements, please download this form: fill in, signed and stamped by the doctor http://www.fidal.it/upload/files/Organizzazione/2019/Running/inglese_4.pdfhttp://www.fidal.it/upload/files/Organizzazione/2019/Running/francese_3.pdf).

The medical certificate will be checked through the DataHealth service; therefore it is necessary that the medical certificate required under this regulation has been taken uploaded and validated, through the DataHealth service (www.datahealth.it), at least 10 day before the race.

These athletes can submit a medical certificate issued in their own country, but complying with all diagnostic tests prescribed by

Italian law – see below:

- Medical examination
- Complete Urinalysis
- Electrocardiogram at rest and after exercise
- Spirometry

All statements and the reports of the examinations must be authentic, or the originals.

These athletes will be regularly included in the rankings, but not entitled to receive prizes, bonuses and refunds.

6. Foreign athletes residing abroad who intend to participate as non-competitive runners. Participation is allowed for foreign citizens living abroad, aged at least 20 years old, who are not members of a Sports Club affiliated with FIDAL nor World Athletics, signing an ad hoc waiver form at the pick-up of the race packet.

Warning: By choosing this option, the athlete will be starting in a separate grid at the end of the competitive event, independently of the relevant "Best Time". The race time will not be displayed in the general leader board but will rather only be available next to the Athlete's name, in alphabetical order, in a separate result table and the Athlete will not be able to receive any prizes.

Important notices:

• Athletes who are not in possession of the RUNCARD shall subscribe to it at the following address www.runcard.com or by submitting a request to their sports organization.

• Athletes affiliated with other Federations (i.e. Triathlon) or Sport Promotion Authorities recognized by CONI can participate within the rules at point 3 and at point 4 (RUNCARD-EPS / RUNCARD + medical certificate for competitive Athletics.)



- Medical certificates must be specifically issued for “Athletics”. Medical certificates issued for other sports will not be accepted.
- The RUNCARD card is renewable. The validity period is shown on the card. If, during the control of the card, it is determined that the card has expired, the athlete may NOT participate, unless he is able to show the receipt of on-line renewal.

Further documentation required for all: COVID 19 SELF-CERTIFICATION FORM to be handed in at bib collection. (You find it at the end of this document)

ENTRY FEES

The individual entry fee is defined as follows:

35,00 EURO from 15.04.2021 to 30.04.2021

45,00 EURO from 01.05.2021 to 30.06.2021

55,00 EURO from 01.07.2021 to 31.08.2021

60,00 EURO from 01.09.2021 to 30.09.2021

60,00 EURO from 01.10.2021 to 20.10.2021 (only bracelet+masks+goody bag)

The group entry fee (10 athletes and up) is defined as follows (price per athlete):

32,00 EURO from 15.04.2021 to 30.04.2021

40,00 EURO from 01.05.2021 to 30.06.2021

50,00 EURO from 01.07.2021 to 31.08.2021

55,00 EURO from 01.09.2021 to 30.09.2021

55,00 EURO from 01.10.2021 to 20.10.2021 (only bracelet+masks+goody bag)

The Fee includes:

- race number;
- insurance against civil liability;
- technical and medical assistance;
- goody bag for athletes registered up to 30.09.2021:
 - containing sponsor's products;
 - official technical jersey;
 - technical gadget
- refreshments and sponging along the route;
- official program and informational materials;
- timing service;
- finisher's medal (for finisher athletes);
- personal clothes deposit (with appropriate bag provided by the Organizers);

HOW TO REGISTER

Registration must be made on-line, following the instructions available on the website www.mythomarathon.it. It is possible to register as an individual or as a group.

The registration will be considered after the payment of the registration fee.

REGISTRATION DEADLINE

Registrations will close on 20/10/2021 at 23.59. Applications received after that term will not be accepted. The organization reserves the right to close registration in advance or to accept registrations after the closing date at its sole discretion. **In any case, entries will not be accepted on the day of the event.**



ENTRY CONFIRMATION

It will be possible to verify the entry status by following the directions on the following website www.mythomarathon.it. The assignment of the bib number will take place just a few days before the race.

A few days before the race, all athletes enrolled will receive an e-mail valid as official "letter of confirmation". This email will contain all the basic instructions for the bib number pick-up and race participation.

You do not need to print a hard copy of the email itself; you can bring it on a device like a smartphone or tablet.

NON-ATTENDANCE AND REFUND OF ENTRY FEES

The registration fee is not refundable. In event of non-attendance, the athlete can, with a communication to be sent to the Promoters by no later than 20/10/2021:

Transfer the registration to another person.

The substitute must pay euro 20,00 for administrative fees and must submit a new subscription module on-line indicating personal details, membership, the medical certificate and accepting all the competition rules.

ASSIGNMENT OF RACE NUMBER

Race numbers will be assigned automatically in steps (i.e. those who register first will have a lower start number compared to those who register later).

Athletes registered by 30/09/2021 will automatically receive the customization of the bib number with their name. If you do not want to have this customization, you will need to communicate it by 30/09/2021, by sending an e-mail to mythomarathon@tds.sport.

Each athlete will be assigned with a specific start area. The area will be indicated on the bib number to facilitate entry in their respective area.

The starting area will be determined based on the "personal best time" declared by the applicants and obtained during the last 2 years during an official marathon according to the following chart:



Area	MEN Personal Best Time	
	From	To
TOP YELLOW	-----	2h45'00"
A ORANGE	2h45'01"	3h20'00"
B GREEN	3h20'01"	3h40'00"
C BLUE	3h40'01"	4h00'00"
D WHITE	4h00'01"	-----

Area	WOMEN Personal Best Time	
	Da	A
TOP YELLOW	-----	3h05'00"
A ORANGE	3h05'01"	3h45'00"
B GREEN	3h45'01"	4h05'00"
C BLUE	4h05'01"	4h25'00"
D WHITE	4h25'01"	-----

Area "TOP" is also reserved to the Organizers. The Organizers will have the right to verify the personal best time declared by the athletes and adjust the race number assigned in case of discrepancies. Following the race number assigned, it will be possible to have access to the correspondent starting area.

According to the rule 100 R.T.I athletes included in the "TOP" and "A" area are considered elite athletes (men and women).

NUMBERS AND GOODY BAGS PICK-UP

Race numbers and goody bags can be personally collected at The Mytho Marathon Expo Village, on Friday 29 and Saturday 30 October 2021 by presenting a personal identification document, letter of confirmation and COVID 19 SELF-CERTIFICATION FORM signed.

The race numbers and goody bags can also be picked up by a third person, showing the specific authorization form signed by the legitimate owner of the number.

For organizational reasons, no race numbers and goody bags will be delivered on the morning of October 31, 2021, the day of the marathon.

The race number is strictly personal, it cannot be tampered with or reduced and is not transferable to anyone, under penalty of disqualification.



DEPOSIT FOR BAGS

The Organizers will provide the athletes from 6.00 a.m. with a free deposit for bags in the area alongside the starting and finishing points. **It will not be allowed to bring inside the technical area any container (bag, backpack, etc.) other than the bag provided by the organization.** It is advisable not to leave personal belongings (mobile, wallet, etc.) inside the bags. While ensuring the outmost care in the custody of the bag, the organization will not be responsible for any theft.

START

The start of Mytho Marathon is scheduled from Piazza Alberto Picco at about 9:45 am, with meeting in the starting area at 8:15 am.

The official departure time will be communicated to participants in the days before the event. It is noted that small variations are possible due to technical and organizational needs.

STARTING SECTORS

For the Covid-19 regulations, starting sectors of 400 athletes maximum will be set up with starts every 5 minutes (rules subject to change according to the regulations updated by the Competent Authorities). Each participant will receive instructions regarding their starting sector/time before the race.

The Organizers will have the right to verify the personal best time declared by the athletes and adjust the race number assigned in case of discrepancies. Starting sectors will be set up with the division of the bibs according to the best time indicated at the time of registration, who will NOT enter the best time will start from the last sector. The entrance in the starting sectors will be allowed from the time indicated with control of the correspondence of the bibs.

SUSTAINABILITY AND RESPECT FOR THE ENVIRONMENT

Mytho Marathon runs towards the goal of sustainability. Eco Fvg certifies full compliance to the sustainable criteria of the initiative (including planning, organisation and implementation of the event).

Eco Fvg sustainable certification has very precise cornerstones: resource efficiency, waste management, regional promotion and social responsibility. These targets are in line with the long-term climate mitigation strategy presented by the Friuli Venezia Giulia Region with Arpa FVG in collaboration with the managers of the integrated waste system, responsible for collection and disposal at regional level.

The aim of the project is to establish a permanent working table to share expertise and resources so to guarantee an efficient coordination between all stakeholders involved in waste management. A second goal is to raise public awareness and promote virtuous behaviours to reduce consumption and facilitate separate waste collection.

The Mytho Marathon team is working hard to achieve this important certification by improving resource management and limiting energy consumption as much as possible.

The main green activities planned by MYTHO Marathon are listed below:

- Electric kick scooters: provided by Ducati Urban E-Mobility; the Organising Committee will use them to make quick trips to the main areas of the route;
- Full electric cars: jury and assistance will use green cars to move along the racetrack;



- Green Corner: ecological islands located inside the Expo Village; organization's operators will help visitors to sort waste by raising people's awareness on how to separate waste and produce less rubbish;
- Reuse of the main facilities used for route indications, arrival arches, back podium and other visual instruments;
- Train Service: tourist packages will be available to take the Ferrovie Udine Cividale train that connects Udine and the marathon site. A very comfortable and necessary tool to avoid traffic and reduce energy consumption;
- Attention to materials: the official T-shirt of the event will be made of eco-friendly cotton, while invitations and communications to participants will be sent digitally;
- Volunteers: a group of forty people responsible for rubbish collection in the refreshment points.

The organising committee and the enterprises supporting this Marathon want to promote ever-great steps towards a more Nature-friendly future. This Earth hosts us and it is the only one we have.

Important note: while running throw sponges and bottles in the recycle bins placed on the course! Not doing it could cause disqualification!

TIMING

Time measurement and processing of the rankings will be electronically with a system based on an active transponder ("chip") attached to the race number. The chip is strictly personal and cannot be exchanged. Athletes who in any way lose and/or damage the "chip" will not be timed and will not be in the rankings.

For each athlete will be taken: official time (Real Time), intermediate times at the following kilometres: Devil Bridge and km 21.097.

Official standing will be available on the website www.tds.sport/it and on www.mythomarathon.it.

TIME LIMITS

Time limit to finish the marathon is 6h00'.

The Organizers will communicate the time limits for each of the intermediate steps. Following the marathon there will be a technical committee composed by one technical manager, one FIDAL judge and a representative from the Police department; the Committee will evaluate the timing of latest athletes on the route.

Athletes who do not respect the passage times at the gates will be invited by the marathon staff to board the transfers for withdrawn athletes or continue running on the sidewalk and not on the road in compliance with the rules of the road.

ASSISTANTS

Due to Covid-19 rules pacer service is not provided.

REFRESHMENT AND SPONGING STATIONS

According to FIDAL/ World Athletics rules, there will be refreshment points after the finish line and every 5 kilometres along the course. According to FIDAL/ World Athletics rules, at the refreshment points will be: bottles of water and supplements.

Due to Covid-19 rules Sponging Stations are not provided.



TOILETS

Will be available at the starting area and the refreshment along the course.

Due to Covid-19 rules changing room and showers service are not provided.

WITHDRAWN ATHLETES

Athletes with an injury or who want to leave the race can get on the busses following the last runner to reach the next collection point (Refreshment Stations 5km, 10km, 15km, 20km). From there they will be transported to the finish area. Athletes who are able to walk can reach the nearest collection point.

MEDICAL ASSISTANCE AND MASSAGE SERVICE

Medical assistance will be granted to athletes in need throughout the route with fixed or mobile stations available along the course and at the finish area.

Due to Covid-19 rules massages service is not provided.

FINISH

After the finish line, athletes will be channelled into special corridors to receive the finisher's medal, access to the final refreshment and various services (bag deposit, dressing rooms, etc.).

PRIZES

Not planned

MYTHO CHALLENGE

All athletes regularly classified in the first edition of the Mytho Marathon will be automatically registered in the Mytho Challenge. The Mytho Challenge is composed of the three marathons that will be organized in 2021 in Cividale del Friuli, in 2022 in Aquileia and in 2023 in Palmanova. Those who regularly complete all three marathons will become part of the Mytho Marathon Hall of Fame. A recognition that will allow the athletes to see their name inscribed in a special section of the website, and to receive a special diploma of Mytho.

COMPLAINTS

All claims must be submitted verbally to the Finish Judge within 30' from the publishing of the rankings, in first instance, and in second instance in writing to the Judge of Appeal, accompanied by a fee of € 100.00, which will be returned if the complaint is upheld. For all matters not expressly provided for in this Rules the general FIDAL regulations are applicable. Race judges may disqualify athletes not having passed the detection points located along the route.

FRAUDULENT PARTICIPANTION TO THE RACE-SANCTIONS

The participant is responsible for the ownership and custody of their bib number, acquiring the right to use all the services mentioned in this Rules and subsequently communicated.

(a) Any person who, without regular entry, participates without bib, in addition to being held liable for damage to persons or property, including himself, will incur disciplinary



measures of competence of the federal bodies and may be liable for criminal sanctions for the crime of "theft"(art. 624 cp).

(b)Any person who, without regular entry, participates with a counterfeit bib or otherwise not in accordance with the number assignment, in addition to being responsible as mentioned above, will incur the sporting sanctions and, in addition, will be liable to the penal sanctions provided for the crime of "theft "(art. 624 cp), or, alternatively, for the crime of "fraud" (art. 640 cp).

In cases a) and b) participants may be subject to the penalties provided for the crime of "failure to comply with the authority measures" (art. 650 C.P.). The above case will be seen only after verification of photographic documentation and / or video.

RACE CANCELLATION

If the race is cancelled or moved to another location and/or otherwise not carried out for any reason of force majeure including pandemics and natural events, not related to and beyond the will of the Organizers, including the revocation of race authorization by competent Public Authorities, the enrolled athlete will have nothing to claim from ASD Esclamative Polisportiva or the other co-organizers, even in the form of reimbursement of the costs incurred and to be incurred. The enrolment itself is valid as a waiver of any claim for financial damages already suffered and to be suffered in the future.

RACE CANCELLATION DUE TO COVID-19

If the race is cancelled or moved to another location and/or otherwise not carried out for any reason of force majeure including Covid-19 pandemic not related to and beyond the will of the Organizers, the organising comitee guarantees ONLY the following possibility to the athlete REGULARLY registered:

- Automatic re-booking for the 2022 Mytho Marathon;

LIABILITY WAIVER

By subscribing to the Mytho Marathon, the athlete declares to know and to entirely accept the Rules of the race and to be aware of the facts that participating in the Mytho Marathon and/or sport events in general is a potentially risky activity. The athlete also declare having entered the race consciously and assuming responsibility for all risks arising from his participation like falls, contacts with vehicles, other participants, spectators or otherwise, any weather conditions, traffic and road conditions, any type of risk well-known and well evaluated. By submitting the entry application, the athlete, for him/herself and on behalf of anyone else, waives the Promoters, the Municipality of Cividale del Friuli, the Regional Administration of Friuli Venezia Giulia, FIDAL, the G.G.G., all the sponsors, the representatives, successors, officers, directors, members, agents and employees of the companies mentioned above, from all present and future claims for liability of any kind,

known or unknown, deriving from his/her participation in the event.

Furthermore, by submitting the on-line application, the athlete declares having no knowledge of any medical condition or injury that can affect his participation to the race. The athletes also certifies the absence of sports sanctions, civil and/or penal, for facts relating to doping and declares that he has not and that he does not make use of the substances included in the doping list of the World Antidoping Agency (WADA). It is noted that competitors may be subject to doping controls by the competent authority.



PRIVACY AND IMAGE RIGHTS

By submitting the online registration form, the competitor declares to be in possession of the medical certificate under D.M. of 18/02/1982 and to have read of these Rules, accepting it unconditionally in every point.

Having regard to the processing of personal data, the participant, by selecting the specific box at the bottom of the online registration form, declares to have read the information statement pursuant to art. 13 of EU Regulation 679/2016 ("GDPR") ("Information Statement") and ex D.Lgs.196/03 as updated by D.Lgs.

101/2018 made available at the specific link and to have been informed through the above-mentioned Information Statement that consent for the processing of data strictly necessary for participation in the race is not necessary, when the processing is justified on a different legal basis of processing. The provision of personal data is optional. Lacking the communication of such personal data, you will be prevented from completing the registration. For purposes other than those strictly necessary for the participation to the race, the processing will be carried out only subject to participant's consent which, however, can be revoked at any time by the participant. The data must be complete, updated and legible also for insurance purposes.

The data, as better explained in the Information Statement - which is an integral part of this Rules and which is intended here integrally referred to - may be communicated and processed also by third parties offering services regarding and connected to the race, such as, for example: those aimed at timing the time, prepare and announce the lists of results and those with the purpose of photographing or filming the competitor. Such subjects/entities, having regard to those data processing outsourced and carried out on behalf of the data controllers (as defined in the Information Statement), will act as external data processor, pursuant to section 28 of GDPR. Some of these subjects, however, might act as data controllers in respect to the communicated data, subject to the release of a proper information statement pursuant to Section 14 of GDPR, unless otherwise provided by laws.

At the race films and photographs will be taken and images, photos, videos, audio files of any kind, which may show you the participant, as well as the results and rankings, may be communicated, published and/or divulged in any form. The athlete authorizes the Promoters, together with the entities entrusted to carry out the shootings/filming, to film the images of the event and to freely acquire the right to exploit them on any kind of support and for the maximum time limit provided by law.

By reading the Information Statement, the participant acknowledges that the aforementioned processing is strictly necessary in order to carry out the purposes explained in the Information Statement for which consent is not required, without prejudice to the rights set forth in articles 15 et seq. of the GDPR that may be exercised at any time as better described in the Information Statement. The participant may also have further information about the processing of personal data carried out through the Mytho Marathon web site: www.mythomarathon.it

FINAL WARNINGS

The organizers guarantee the security of the event, in line with rules and regulations in force at the time of the event. Any further specifications will be indicated if necessary. The organization will adopt all the regulations and procedures indicated by the government and the scientific technical committee.

The Organizers will do everything to reduce the risk of contagion: the best result will be achievable with the active collaboration of each participant



The Promoters reserve the right to modify these Rules at any time for reasons it deems appropriate for a better organization of the race, after having obtained approval from FIDAL. For matters not covered by this Rules the statutory technical regulations of FIDAL and G.G.G. are applicable. Modifications to services, venues and timetables will be communicated to registered athletes or will be posted on the website www.mythomarathon.it. In addition, the documentation containing essential information required for taking part in the race it will be handed out alongside the bib.

CONTACTS

Web Site: www.mythomarathon.it

E - mail: info@mythomarathon.it

PLEASE NOTE: the organization reserves the right to make changes to these rules at any time at its sole discretion after obtaining FIDAL approval.



HEALTH QUESTIONNAIRE

PERSONAL DATA

Name			
Surname			
Date of birth	___/___/_____		
Residence Address			
Sex	<input type="checkbox"/> Male <input type="checkbox"/> Female	Phone number	
Nationality			

QUESTIONS

	YES	NO
Have you had any cold symptoms (cough, runny nose, sore throat, difficult breathing, loss of taste or smell) during the last 14 days?	<input type="checkbox"/>	<input type="checkbox"/>
Have you had any of the following symptoms during the last 14 days: - Fever - Chest pain - Headache - Nausea/vomiting - Diarrhea	<input type="checkbox"/>	<input type="checkbox"/>
Have you been in contact with someone with a proven infection with Covid-19 during the last 14 days?	<input type="checkbox"/>	<input type="checkbox"/>
Have you been in quarantine during the last 14 days?	<input type="checkbox"/>	<input type="checkbox"/>
Have you tested positive to the PCR (Polymerase chain reaction) test during the last 14 days?	<input type="checkbox"/>	<input type="checkbox"/>

Signature: _____

Date: _____

➤ **If you answered YES to any question in the questionnaire, you must present a negative Covid-19 PCR Test result carried out within the previous 72 hours (3 days) before arrival at the Event.**

If there is evidence of an acute infection you will be provided with a mask, the medical personnel are equipped, and isolation will be required. The local public health authority will be notified, and their protocols will be followed. An accreditation will not be issued until you have been cleared by the local public health authority.

Athletes and accredited persons should be reassured that declaring travel from high-risk area will not preclude participation, but that they should expect to be more closely monitored.

The personal information provided is treated strictly confidentially by the Local Organising Committee. It will only be used for the purpose of assessing whether the applicant can be granted or maintain accreditation in view of the COVID-19 outbreak. Local and global public health requirements will determine the length of time the data is retained.